

SPECIALIZED PROGRAMS

WINTER 2024



Seattle
Parks & Recreation



EXPLORE MORE!

www.seattle.gov/parks



GENERAL INFORMATION

WHERE TO FIND US

Specialized Programs

Magnuson Building 30, 6310 NE 74th St.
Seattle, WA 98115
206-684-4950
www.seattle.gov/parks/find/specialized-programs

PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent
Daisy Catague, Recreation Division Director

RECREATION STAFF

Kyle Bywater, Coordinator, Specialized Programs
Tori Fernau, Adult Sr. Recreation Specialist
Savannah Seiple, Youth Sr. Recreation Specialist
Hannah White, Recreation Leader
Patrick Aspinwall, Recreation Leader
Dorothy Rake, Recreation Leader
Hanna O'Donnell, Recreation Attendant

INCLEMENT WEATHER POLICY

If Seattle Public Schools are closed due to weather, our programs will also be cancelled. For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.



NOTICES

- Please refer to the “Keep me home...” information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- Masks are optional but we encourage you to wear a face mask when attending programs to support people that might be at higher risk.
- Please only bring food to programs when asked to bring a sack lunch.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in-person programs since 2021, the PIF we have on file is still good. If there are updates staff should be aware of, please submit a new PIF. If you don't have a PIF on file, we can mail one to you or you can find it online here: <http://www.seattle.gov/parks/find/specialized-programs>

REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90%.

PAYMENT

Please make checks payable to “City of Seattle”.
Mail to: Specialized Programs, Magnuson Building 30, 6310 NE 74th St., Seattle WA 98115. Due Friday, December 29.

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Seattle Climate Action
NOW

REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event or program that is cancelled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the class fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

PERSONS WITH DISABILITIES

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).



PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.

COVID-19 SYMPTOMS

- A cough
- Shortness of breath or difficulty breathing
- A fever of 100.4 or higher or a sense of having fever
- A sore throat
- Chills
- New loss of taste or smell
- Muscle or body ache
- Nausea/vomiting/diarrhea
- Congestion/running nose – not related to seasonal allergies
- Unusual fatigue
- If you have tested positive for Covid-19 in the past 5 days, please contact Specialized Programs staff before returning to program.



SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing the form, please call Kyle Bywater at 206-684-7548.

REGISTRATION INFORMATION

► **ADULTS:** Participants are limited to one program per location. **Registration starts at 9 a.m. on the dates listed below** by calling the Specialized Programs Office, 206-684-4950. When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50-90%.

ADULTS (Ages 21 and up)

Sunshine Social	Monday, Dec. 11 - 9 a.m.	Can sign up for 1 of the 4 sessions
Fitness with Friends	Tuesday, Dec. 12 - 9 a.m.	Can sign up for 1 of the 3 sessions.
Health and Basketball	Tuesday, Dec. 12 - 9 a.m.	Sign up for either Health or Basketball.
Adult Pottery	Tuesday, Dec. 12 - 9 a.m.	
Saturday Travels	Wednesday, Dec. 13 - 9 a.m.	Sign up for 1 of the 3 trips.
Sweetheart's Dance	n/a	Call anytime.

► **YOUTH, TEEN, TRANSITION:** **Registration begins on Thursday, Dec. 7.** Email Savannah.Seiple@seattle.gov to register for the programs below. After your registration email is received, you will get a confirmation email back from Savannah. No registrations can be taken before Thursday, Dec. 7 at 9 a.m. Participants are limited to one program per location a day.

YOUTH (Ages 4 - 21)

Sensory Friendly Saturdays	Can sign up for 1 session and wait list for 1 session.
Crossroads Afterschool Program	
Basketball Skills and Drills	

TEEN (Ages 12 - 21)

Teen Social	Participants can sign up for 3 and wait list for 3.
Saturday Activities	Can sign up for 2 and wait list for 1. Can sign up for either Sensory Friendly Saturdays or Saturday Activities; not both.
Dinner, Movie and Overnight	

TRANSITION (Ages 16 - 30)

Pottery	
Afternoon Hangout	
Sweetheart's Dance	n/a Call anytime.

PAYMENT INFORMATION:

Payments due by **Friday, December 29**
 Payments for classes can be made by credit card OR check. Please make check payable to:
City of Seattle

MAIL CHECKS TO:

SPECIALIZED PROGRAMS
 Magnuson Building 30
 6310 NE 74th St
 Seattle WA 98115



SENSORY FRIENDLY SATURDAYS

A program for participants ages 4 - 21.

Engage in games, science, art, music, sensory exploration, indoor and outdoor activities, and some free play. Activities are fun, purposeful, and emphasize each child's strengths to promote independence. This program is designed for youth who need a HIGH level of support to transition, complete activities, and socialize. (Please discuss with staff if this program is appropriate for your child.)

Registration: Participants can sign up for 1 session and wait list for 1 session. Refer to page 5 for registration information.

*Note: Between **Sensory Friendly Saturdays** and **Saturday Activities** (page 9), for this quarter, you can only pick one of these programs, not both.

Bring: Sack lunch and drink

Dates	Times	Locations	Cost
Session #1: Saturdays, Jan. 6, Jan. 27, Feb. 3 Session #2: Saturdays, Feb. 10, Feb. 24, Mar. 2	9:30 a.m. - 1:30 p.m.	Garfield Teen Life Center 428 23rd Ave. Seattle, 98122	▶ \$45 per session

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9:45 a.m.	Pick-Up Window: 1:15 - 1:45 p.m.

BASKETBALL SKILLS AND DRILLS

A program for participants ages 4 - 21.

Join us for a weekly gym program where we will brush up on our basketball skills and drills! Activities can be adapted to meet participant's various mobility levels. This is a gym program, not a traditional basketball practice. We will not be competing in Special Olympics Tournaments in Winter 2024.

Registration: Space is limited to 20 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, Jan. 3 - Mar. 6	4 - 5:30 p.m.	Miller Community Center 330 19th Ave. E Seattle, 98122	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:15 p.m.	Pick-Up Window: 5:15 - 5:45 p.m.

CROSSROADS AFTERSCHOOL PROGRAM

A program for participants ages 4 - 21.

Come participate in enriching group activities such as arts and crafts, sports, active games, cooking, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

Registration: Refer to page 5 for registration information.

Note: You do not need to be a student at Aki Kurose Middle School to attend this program.

Dates	Times	Locations	Cost
Thursdays, TBD	3:45 - 5 p.m.	Aki Kurose Middle School S. Graham St. Seattle, 98118	▶ FREE



YOUTH CAMP PREVIEW



Summer Camp Registration will begin in March 2024

DAY CAMP

Ravenna Park Shelter #1 2000 NE 58th St. Seattle 98105	Seward Park Shelter #3 5900 Lake Washington Blvd. S Seattle, WA 98118
10 a.m. - 2 p.m. July 1 - 5	Safari Week (no camp on July 4) Ravenna Park
July 15 - 19	Mystery Week Seward Park
July 22 - 26	Dino Adventure Week Ravenna Park
Aug. 12 - 16	Carnival Week Seward Park

OVERNIGHT

CAMP LONG 5200 35th Ave. SW, Seattle 98126
Drop-Off Time: 5 p.m. Tuesday Pick-up: Noon on Friday
July 9 - 12 Superhero Week
July 30 - Aug. 2 Spirit Week
Aug. 6 - 9 Talent Week
Aug. 20 - 23 Under the Sea

DAY TRIPS

Specialized Programs will offer day trips for participants ages 12-21. These will be Aug. 27, 28, and 29. Program will run from 9 a.m. - 2 p.m. These day trips will be opportunities to get out to the community with friends. More information to come!



TEEN SOCIAL

A program for participants ages 12 - 21.

Let's get out into the community and have a fun Friday night! Participants will experience different activities around Seattle while focusing on socializing and experiencing new things. 1 on 1 supervision is not provided.

Registration: Participants can sign up for 3 and wait list for 3. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays: Jan. 5, Jan. 12, Jan. 26, Feb. 2, Feb. 23, Mar. 2 No Teen Social on Feb 9. If 16 and up, look for information to sign up for the Sweetheart's Dance!	4:30 - 8:30 p.m.	North End Drop-Off/Pick-Up: 8061 Densmore Ave. N Seattle, 98103 South End Drop-Off/Pick-Up: Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108	Please bring cash day of; amount in descriptions.
Access Drop-Off Time	Access Pick-Up Window		
Drop-Off Appointment Time: 4:30 p.m.	8061 Densmore Ave. N ONLY Pick-Up Window: 8:30 - 9 p.m.		

Jan. 5: Thunderbirds Hockey Game and Dinner! *Note: Because of the time and length of the game, this program will go until 9:15 p.m. ▶ \$40

Jan. 12: Pizza and Bingo. We will travel to a community center and play bingo while enjoying some pizza with friends. ▶ \$15

Jan. 26: Wings Over Washington Ride and Dinner Out! Let's virtually explore Washington and get some dinner with friends. ▶ \$40

Feb. 2: Today we will be making our own dinner! We will menu plan as a group, grocery shop, and then cook our dinner together. ▶ \$15

Feb. 23: Family Fun Center! Lets play some games at the Family Fun Center and get some dinner along the way! ▶ \$40

Mar. 1: Swimming and Dinner Out. Let's swim and then get dinner together; please bring a swimsuit and towel. ▶ \$15

SATURDAY ACTIVITIES

A program for participants ages 12-21.

Registration: Participants can sign up for 2 and wait list for 1. Refer to page 5 for registration information.

*Note: Between **Sensory Friendly Saturdays** (page 6) and **Saturday Activities**, for this quarter, you can only pick one of these programs, not both.

Bring: Sack lunch and drink

Dates	Times	Locations	Cost
Saturdays: Jan. 6, Feb. 3, Feb. 24	9 a.m.- 2 p.m.	North End Drop-Off: 8061 Densmore Ave. N Seattle, 98103 South End Drop-Off: Jefferson Community Center 3801 Beacon Ave. S, Seattle, 98108	Please bring cash day of; amount in descriptions
Access Drop-Off Time	Access Pick-Up Window*		
Drop-Off Appointment Time: 9 a.m.	*8061 Densmore Ave. N ONLY FOR EVERYONE , not just Access. Pick-Up Window: 2 - 2:30 p.m.		

Jan. 6: Seattle Aquarium! Let's head to the Seattle Aquarium and learn about marine life and the ocean. ▶ \$15

Feb. 3: Movie Theatre. Let's go enjoy a movie together at the movie theatre. ▶ \$20

Feb. 24: Pacific Science Center. This will be a fun day to learn more about science and hang out with friends. ▶ \$25

DINNER, MOVIE, AND OVERNIGHT!

A program for participants ages 12 - 21.

Enjoy a night with friends! We'll have dinner, watch a movie, play games and stay overnight at Camp Long. In the morning we will wake up and have breakfast together. Please bring a sleeping bag, pillow, pajamas, toiletries and a change of clothes. Please contact Savannah with any additional questions.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Friday and Saturday Mar. 8 and 9	Friday, 6 p.m. to Saturday, 10 a.m.	Camp Long 5200-35th Ave S.W. Seattle, 98126	▶ \$40
Access Drop-Off Time	Access Pick-Up Window		
Drop-Off Appointment Time: 6 p.m. Friday evening	Pick-Up Window: 8:30 - 9 a.m. Saturday morning		

POTTERY

A program for participants ages 16-30.

Let's create something! In this class, a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

Registration: Space is limited to 10 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Mondays, Jan. 8 - Mar. 4 No program Jan. 15, Feb. 19	4:30-5:30 p.m.	Ballard CC 6020 28th Ave. NW Seattle, 98107	▶ \$40
Access Drop-Off Time		Access Pick-Up Window	
Drop-Off Appointment Time: 4:30 p.m.		Pick-Up Window: 5:30 - 6 p.m.	

AFTERNOON HANGOUT

A program for participants ages 16-30.

Participate in enriching group activities such as arts and crafts, sports, games, puzzles, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Tuesdays: Jan. 2 - Mar. 5	4 - 5:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	▶ \$40
Access Drop-Off Time		Access Pick-Up Window	
Drop-Off Appointment Time: 4:15 p.m.		Pick-Up Window: 5:15 - 5:45 p.m.	

ADULT PROGRAMS

APPROPRIATE FOR AGES 21 AND OLDER

Please call Specialized Programs at **206-684-4950** starting on the time/dates listed on page 5. Please let us know if you are using Access and if you are using DDA Respite Care or have qualified for a scholarship.

PAYMENT INFORMATION:

Payments due by **Friday, December 29**

Payments for classes can be made by credit card OR check.

Please make check payable to: **City of Seattle**

MAIL CHECKS TO:

SPECIALIZED PROGRAMS

Magnuson Building 30
6310 NE 74th St
Seattle WA 98115

POTTERY

Let's create something! In this class, a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab, and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

Registration: Space is limited to 10 participants. Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Mondays, Jan. 8 - Mar. 4 No program Jan. 15, Feb. 19	2:30-3:30 p.m.	Ballard Community Center 6020 28th Ave. NW Seattle, 98107	▶ \$40
Access Drop-Off Time		Access Pick-Up Window	
Drop-Off Appointment Time: 2:30 p.m.		Pick-Up Window: 3:30 - 4 p.m.	



FITNESS WITH FRIENDS

A movement-based program where we stretch, play games, and try new exercise routines. All activities can be adapted to meet participant's mobility levels.

Registration: You may register for 1 of the 3 sessions. Space is limited to 10 participants. Refer to page 5 for registration information.



SESSION 1

Dates	Times	Locations	Cost
Tuesdays, Jan. 2 - Mar. 5	10 - 11:15 a.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11 - 11:30 a.m.

SESSION 2

Dates	Times	Locations	Cost
Tuesdays, Jan. 2 - Mar. 5	Noon - 1:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 12:15 p.m.	Pick-Up Window: 1 - 1:30 p.m.

SESSION 3

Dates	Times	Locations	Cost
Tuesdays, Jan. 2 - Mar. 5	2 - 3:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 2:15 p.m.	Pick-Up Window: 3 - 3:30 p.m.

BASKETBALL SKILLS AND DRILLS

Join us for a weekly gym program where we will brush up on our basketball skills and drills! Activities can be adapted to meet participant's various mobility levels. This is a gym program, not a traditional basketball practice. We will not be competing in Special Olympics Tournaments in Winter 2024.

Registration: Space is limited to 20 participants. Refer to page 5 for registration information.

Important Information: If you choose to enroll in Sunshine Social Session 2 on Wednesdays, please do not take Access directly to the Basketball program. If you plan to register for both programs, sign up for an alternate Sunshine Social session or use private transportation.



Dates	Times	Locations	Cost
Wednesdays, Jan. 3 - Mar. 6	6:30 - 8 p.m.	Miller CC 330 19th Ave. E Seattle, 98112	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:45 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.

HEALTH

We will start each program with active time in the gym and learn about nutrition and wellness. We will not be making food in this program this quarter. Activities will be planned with social distancing in mind and can be adapted to meet various mobility levels.

Registration: Space is limited to 20 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays, Jan. 5 - Mar. 8	1 - 3 p.m.	Van Asselt Community Center 2820 S. Myrtle St. Seattle, 98108	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 1:15 p.m.	Pick-Up Window: 2:45 - 3:15 p.m.



SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

Registration: Call the Specialized Programs Office at 206-684-4950. Sign up for 1 of the 4 sessions. Space is limited to 15 participants per session. Refer to page 5 for registration information.

Important Information: If you choose to enroll in Sunshine Social Session 2 on Wednesdays, please do not take Access directly to the Basketball program. If you plan to register for both programs, sign up for an alternate Sunshine Social session or use private transportation.



Dates	Times	Locations	Cost
Wednesdays, Jan. 3 - Mar. 6	Session 1: 10 a.m. - noon Session 2: 1:30 - 3:30 p.m.	Rainier Beach Community Center 8825 Rainier Ave. S Seattle, 98118	▶ \$35

Dates	Times	Locations	Cost
Thursdays, Jan. 4 - Feb 29 No program Mar. 7 due to Department Wide Staff In-Service Day	Session 1: 10 a.m. - noon Session 2: 1:30 - 3:30 p.m.	Bitter Lake Community Center 13035 Linden Ave. N Seattle, 98133	▶ \$35

SESSION 1 Access Drop-Off Time	SESSION 1 Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.

SESSION 2 Access Drop-Off Time	SESSION 2 Access Pick-Up Window
Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.

SATURDAY TRAVELS

Join us as we travel around the Seattle area to visit local sites, businesses, and parks. Come with a sack lunch and dress in weather-appropriate clothing to eat outside at a picnic shelter. Please bring cash day of to pay for the activities. Please bring a sack lunch and drink.

Registration: Space is limited to 12 participants each day. Sign up for 1 of the 3 outings and be on the waiting list for the others. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Saturday, Jan. 27, Feb. 10, Mar. 2	9 a.m. - 2 p.m.	Densmore Building 8061 Densmore Ave. N Seattle, 98103	Varies each week, see below.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9 a.m.	Pick-Up Window: 2 - 2:30 p.m.

Jan 27: Klondike Gold Rush National Historical Park. Take a step back in time to learn about the Klondike Gold Rush and the important role that Seattle played supplying people on their way up north. ▶ FREE

Feb. 10: Chihuly Garden and Glass. Join us as to see artwork created by Dale Chihuly and his team and learn more about his inspiration and process. These tickets were generously provided by the Community Enrichment Tickets Program from Chihuly Garden and Glass. ▶ \$5

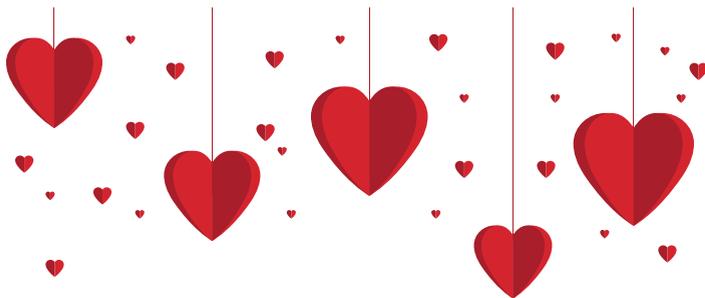
Mar. 2: Seattle Murals and Public Art. Today we will take a driving tour to view some of Seattle's murals and public art. Afterwards we will take some time to create our own paintings that you'll get to take home. ▶ \$5



SPECIALIZED PROGRAMS

Magnuson Building 30
6310 NE 74th St.
Seattle, WA 98115
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SWEETHEART'S DANCE

For Specialized Programs participants ages 16 and older. Join us for a night of dancing and music with friends! Put on your dancing shoes, bring your sweetheart, and see your friends!

Registration: Call the Specialized Programs Office at 206-684-4950 anytime. Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Friday, Feb. 9	6:30 - 8 p.m.	Delridge Community Center 4501 Delridge Way SW Seattle, 98106	▶ FREE
Access Drop-Off Time		Access Pick-Up Window	
Drop-Off Appointment Time: 6:45 p.m.		Pick-Up Window: 7:45 - 8:15 p.m.	